

# Slippery Elm



**Price: \$24.95 CAD**

## Short Description

Slippery Elm may be used for treating diarrhea or colon disorders.

Purchase individually - 100g zip-sealed jar (cases have 12 jars).

## Description

Slippery Elm Bark (*Ulmus Fulva*) is a soothing nutritive demulcent suitable for sensitive or inflamed mucous membrane linings in the digestive system. Slippery elm inner bark is very rich in mucilage, a complex mixture of polysaccharides that form a soothing gelatinous fiber when water is added. The pleasant tasting gruel is made by adding water to the bark powder.

Slippery Elm Bark is recommended for soothing gastric diseases such as Irritable Bowel Disorder (IBD). It has several beneficial effects on digestion: 1) it reduces bowel transit time; 2) it absorbs toxins from the bowel; 3) increases fecal bulk and dilutes stool materials thereby reducing stool contact with the intestinal mucosa 4) it enhances beneficial bacteria in the gut.

The bark has noted anti-inflammatory activity and because the mucilage resists digestion by stomachs acids and enzymes, it maintains its soothing action throughout the entire digestive system.

Available in 100g zip-sealed jar

## **Specifications**

SKU : 5007

### Product Dimensions

Width : 0.075 mm

Height : 0.098 mm

Length : 0.075 mm

Weight : 0.13 g